



Vincent Anthony Scullo
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PROFILE

- Dedicated coach and personal trainer with 11 years experience.
- Hard working and compassionate; able to work independently with little supervision.
- Proven leader who works well under pressure and develops resourceful solutions to problems.
- Effective team player with strong communication and interpersonal skills.

EDUCATION

BACHELOR OF ARTS, Virginia Wesleyan College

- Sports and Recreation
- Concentration in Therapeutic Recreation and Coaching
- Minor in Business

EXPERIENCE

Stony Lodge Hospital

- Planned and implemented therapeutic activities for patients ages 5 – 18
- Participated in patient treatment- team meetings
- Provided Doctors and Clinical Therapists with detailed treatment plans as well as weekly progress notes
- Implement intervention techniques to de-escalate patients during crisis situations

Therapeutic Recreation

- Successfully initiated and implemented “FitQuest” program at YMCA.
- Worked closely with people living with disabilities in a hospital environment.
- Coordinated activities for residents at hospital and housing facilities.
- Volunteer instructor at Dutchess County Special Olympics.

Coaching

- Worked along with professional athletes to train and mentor children at youth camps.
- Oversaw camp organization and activities of up to 60 campers (elementary to high school).
- Analyzed player performance and instructed them in game strategies and techniques to prepare for competition.

Personal Training

- Assessed goals and objectives of clients.
- Instructed and demonstrated proper form and technique for exercise routines.
- Provided clients with organized records of progress and development.
- Advised clients on dietary routines to establish peak performance.

Educational Experience (related courses)

- Anatomy and Physiology of the human body
- Therapeutic Programming
- Dietary Consultation
- Biopsysiosocial Adult Development
- Microeconomics and Macroeconomics
- Financial Management and Statistics
- Business Administration and Computer Science

WORK HISTORY

- Stony Lodge Hospital**, Ossining, NY, (Supervisor Carla Henry 914-941-7400 ext. 350) '08,'09
- YMCA FitQuest personal trainer Intern**, Mt Trashmore, Va. Beach, VA, spring '01
- Youth team head coach**, U-13 girls soccer team, Chesapeake, VA, fall '00
- Youth team head coach**, U-16 boys soccer team, Chesapeake, VA, fall '01
- Youth team trainer**, Old Dominion University Soccer Camp, Norfolk, VA, summer '01
- Personal trainer**, Individual soccer trainings with children, Va. Beach, '98, '99, '00, '01, '02
- Personal trainer**, "The Gym Downtown", Norfolk, VA, '02, '03
- Personal trainer**, Fishkill All-Sport, Fishkill, N.Y., '03, '04, '05, 06', 07', 08'

References:**Gregory Herd**

Director of IT
New York State Bridge Authority
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